

## Guidance for School Administrators to Help Reduce the Spread of Seasonal Influenza in K-12 Schools during the 2010-2011 School Year

Below is a summary of seasonal influenza (flu) recommendations for K-12 schools for the 2010-2011 school year.

- Encourage students, parents, and staff to take the time to get a yearly flu vaccine.
- Encourage students, parents, and staff to take everyday preventive actions, including covering coughs and sneezes, washing hands, and keeping their hands away from their nose, mouth, and eyes.
- Encourage students and staff to stay home when sick through education and policy.
- Encourage routine surface cleaning through education, policy, and the provision of supplies.
- Educate students, parents, and staff on what to do if someone gets sick.
- Establish relationships with state and local health officials so that action can be taken quickly if flu conditions become more severe.



[www.cdc.gov/flu/school](http://www.cdc.gov/flu/school)

1-800-CDC-INFO

